

### DESERT HEALTHCARE DISTRICT PROGRAM COMMITTEE

Special Program Committee Meeting November 15, 2022 5:00 P.M.

In lieu of attending the meeting in person, members of the public will be able to participate by webinar using the following Zoom link:

https://us02web.zoom.us/j/84402360183?pwd=ekVHNGxWR3lyaDVNMVRxeWRwVTB4UT09

Password: 458897

Participants will need to download the Zoom app on their mobile devices. Members of the public may also be able to participate by telephone, using the follow dial in information:

Dial in #:(669) 900-6833 or (833) 548-0276 To Listen and Address the Board when called upon: Webinar ID: 844 0236 0183

Page(s) AGENDA Item Type

 Call to Order – Vice-President Evett PerezGil, Committee Chairperson

1-2 II. Approval of Agenda

Action

**III.** Meeting Minutes

**3-8** 1. October 11, 2022

Action

#### IV. Public Comments

At this time, comments from the audience may be made on items not listed on the agenda that are of public interest and within the subject-matter jurisdiction of the District. The Committee has a policy of limiting speakers to not more than three minutes. The Committee cannot take action on items not listed on the agenda. Public input may be offered on an agenda item when it comes up for discussion and/or action.

#### V. Old Business

9 10-11 1. Grant Payment Schedule

- Information Information
- 2. Grant applications and RFP proposals submitted and under review

#### VI. Program Updates

12-31

1. Progress and Final Reports Update

Information



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VII. Committee Member Comments

Adjournment

VIII. Next Scheduled Meeting December 13, 2022

The undersigned certifies that a copy of this agenda was posted in the front entrance to the Desert Healthcare District offices located at 1140 North Indian Canyon Drive, Palm Springs, California, and the front entrance of the Desert Healthcare District office located at the Regional Access Project Foundation, 41550 Eclectic Street, Suite G 100, Palm Desert California at least 72 hours prior to the meeting.

If you have any disability which would require accommodation to enable you to participate in this meeting, please email Andrea S. Hayles, Special Assistant to the CEO and Board Relations Officer, At <a href="mailto:ahayles@dhcd.org">ahayles@dhcd.org</a> or call (760) 567-0298 at least 72 hours prior to the meeting.

Andrea S. Hayles

Andrea S. Hayles, Board Relations Officer



Directors Present via Video	District & Legal Counsel Staff Present via	
Conference	Video Conference	Absent
President Karen Borja	Conrado E. Bárzaga, MD, Chief Executive	
Vice-President Evett PerezGil	Officer	
Secretary Carmina Zavala	Chris Christensen, CAO	
	Donna Craig, Chief Program Officer	
	Alejandro Espinoza, Chief of Community	
	Engagement	
	Jana Trew, Senior Program Officer, Behavioral	
	Health	
	Meghan Kane, Senior Program Officer, Public	
	Health	
	Andrea S. Hayles, Board Relations Officer	

AGENDA ITEMS DISCUSSION ACTION

AGLINDA ITLIVIS	DISCOSSION	ACTION
I. Call to Order	The meeting was called to order	
	at 5:05 p.m. by Chair PerezGil.	
II. Approval of Agenda	Chair PerezGil asked for a	Moved and seconded by President
	motion to approve the agenda.	Borja and Director Zavala to approve
		the agenda.
		Motion passed unanimously.
III. Meeting Minutes	Chair PerezGil asked for a	Moved and seconded by President
1. September 13, 2022	motion to approve the	Borja and Director Zavala to approve
	September 13, 2022, meeting	the September 13, 2022, meeting
	minutes.	minutes.
		Motion passed unanimously.
IV. Public Comment	There were no public comments.	
V. Old Business		
1. Grant Payment	Chair PerezGil inquired if the	
Schedule	committee had any questions	
2. Grant applications and	concerning the grant payment	
RFP proposals	schedule, grant applications, and	
submitted and under	requests for proposals submitted	
review	and under review.	
	There were no questions or	
	comments.	



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\( \( \) \(		
VI. Program Updates		
1. Progress and Final	Chair PerezGil inquired if the	
Reports Update	committee had any questions	
Reports opuate	concerning the progress and	
	final reports.	
	illus reports.	
	There were no questions or	
	comments.	
VII. Grant Funding Requests		
Consideration to		
forward to the board of		
directors for approval of		
the following grants:		
1. Grant #1318 Riverside	Conrado Bárzaga, MD, CEO,	
County Latino	exited the meeting due to a	
Commission on Alcohol	conflict of interest.	
and Drug Abuse		
Services, Inc \$618,173	The committee inquired about	
over an 18-month	the Community Needs of the	
period – Healthy Minds,	Project, such as why the project	
Healthy Lives – Mente	is necessary and prior successes	
Sanas Visas Sanas –	or failures, including data and	
Strategic Plan	statistics to support the project	
alignment is Goal #3	endeavors. A question arose	
	regarding the demand for	
	specific staff hires, namely	
	clinical therapists, social	
	workers, and associate trainees,	
	and if there's a particular quota or number of visits based on the	
	need in the Eastern Coachella Valley.	
	valley.	
	Further discussions ensued	
	about unrealistic goals for	
	outreach across social media	
	platforms given the	
	Piacionnia given the	Page 2 of 6



organization's gaps of publications on Facebook between 2021 to 2022; staff that would provide the behavioral health services - the promotoras', case managers, or clinical therapist, and whether the staff is already employed; the differences between services provided at the mobile clinic and the satellite offices with the committee requesting the inclusion of additional details in the grant application; and an explanation of the variances between goal #1 - provide behavioral mental health and substance abuse services to an estimated 200 clients in the Coachella Valley, and goal #3 enhance access to culturally sensitive behavioral/mental health services of approximately 200 individuals in the unincorporated areas of Coachella Valley, will receive culturally-sensitive behavioral/mental health services.

In concluding the committee's inquiry, the \$200k budget for Vision y Compromisio is vague and requires an itemized summary for the promotoras' efforts, which includes the populations served, such as the agricultural workers.

The committee directed staff to collaborate with the Riverside County Latino Commission to revise the application with more

Moved and seconded by President Borja and Chair PerezGil to table Grant #1318 Riverside County Latino Commission on Alcohol and Drug Abuse Services, Inc. - \$618,173 over an 18-month period – Healthy Minds, Healthy Lives – Mente Sanas Visas



details on the community needs and specific groups served, such as the agricultural population, clarity on service locations and methods with a distinction of the mobile and satellite clinics and their locations, a budget for Vision y Compromiso detailing the promotoras' functions, and more distinction between goal #1 and goal #3.

Sanas and return to the Program Committee in November with the defined details and revisions of the application.

Motion passed 2 (Borja and PerezGil)-1 (Zavala).

#### **Public Comments:**

Lucero Fabela, Riverside County Latino Commission on Alcohol and Drug Abuse Services responded to the committee's questions, such as the community need and its relation to mobile clinics in rural areas and partnerships with other agencies.

Leonel Contreras, Executive
Director, Riverside County Latino
Commission on Alcohol and Drug
Abuse Services, answered
questions and described the
partnerships with the school
districts for the satellite sites.

2. Grant #1356 Blood Bank
AKA Lifestream \$140,000 for one year Coachella Valley
Therapeutic Apheresis
Program - Strategic
Plan alignment is Goal
#2

Chair PerezGil inquired if the committee had any questions concerning the Blood Bank AKA Lifestream \$140k one year grant request.

The committee inquired on the specialized vehicle to transport the therapeutic apheresis devise to the various hospitals, which is necessary (due to the weight of

Moved and seconded by President Borja and Director Zavala to approve Grant #1356 Blood Bank AKA Lifestream - \$140,000 for one year – Coachella Valley Therapeutic Apheresis Program and forward to the Board for approval. Motion passed unanimously.

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3. Grant #1362 Jewish
Family Service of the
Desert - \$160,000 over a
two-year period –
Mental Health
Counseling Services for
Underserved Coachella
Valley Residents –
Strategic Plan alignment
is Goal #3

the machine) to carry the apheresis to various locations.

Chair PerezGil asked if the committee had any questions concerning the Jewish Family Services of the Desert \$160k grant request.

The committee inquired about the benchmarks to reach counseling goals with client engagements and in what way the clients discover the services.

Public Comments:
Kraig Johnson, Executive
Director, Jewish Family Service
of the Desert, answered
questions of the committee
concerning counseling goals and
client engagement.

Judith Monetathchi, MFT, Jewish Family Service, elaborated on the counseling goals.

4. Grant #1358 Foundation for Palm Springs Unified School District - \$110,000 -School-Based Wellness Center Project - Strategic Plan alignment is Goal #3

Chair PerezGil asked if the committee had any questions concerning the Foundation for Palm Springs Unified School District's \$110k grant request.

The committee inquired about the number of anticipated students at the wellness centers.

#### **Public Comments:**

Ellen Goodman, Executive Director of the Foundation for Palm Springs Unified School District, described the projected Moved and seconded by President Borja and Director Zavala to approve Grant #1362 Jewish Family Service of the Desert - \$160,000 over a two-year period – Mental Health Counseling Services for Underserved Coachella Valley Residents and forward to the Board for approval.

Motion passed unanimously.

Moved and seconded by President Borja and Director Zavala to approve Grant #1358 Foundation for Palm Springs Unified School District - \$110,000 - School-Based Wellness Center Project and forward to the Board for approval.

Motion passed unanimously.

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	number of students, elaborating on the wellness center student population, and linkages to parent centers, including bilingual resources.	
VIII. Committee Members	There were no committee	
Comments	member comments.	
IX. Adjournment	Chair PerezGil adjourned the	Audio recording available on the
	meeting at 6:13 p.m.	website at <a href="http://dhcd.org/Agendas-">http://dhcd.org/Agendas-</a>
		and-Documents

ATTEST: \_\_\_\_\_\_ Evett PerezGil, Chair/Vice-President, Board of Directors Program Committee

Minutes respectfully submitted by Andrea S. Hayles, Board Relations Officer

#### DESERT HEALTHCARE DISTRICT **OUTSTANDING GRANTS AND GRANT PAYMENT SCHEDULE** October 31, 2022 **TWELVE MONTHS ENDING JUNE 30, 2023** Approved 6/30/2022 Current Yr Total Paid Prior Yrs Total Paid Current Yr Open Grant ID Nos. BALANCE Name Grants - Prior Yrs Bal Fwd 2021-2022 July-June July-June 2014-MOU-BOD-11/21/13 10,000,000 \$ 4,990,000 \$ 4.990,000 Memo of Understanding CVAG CV Link Support 2021-1136-BOD-01-26-21 Ronald McDonald House Charities - Temporary Housing & Family Support Services - 1 Yr. 119,432 \$ 11,944 11,944 \$ 2021-1171-BOD-03-23-21 Blood Bank of San Bernardino/Riverside Counties - Bloodmobiles for Coachella Valley - 18 Months 150,000 \$ 15,000 \$ 15,000 \$ 2021-1266-BOD-04-27-21 Galilee Center - Our Lady of Guadalupe Shelter - 1 Yr. 150,000 \$ 15,000 15 000 30,000 300,000 \$ 30,000 2021-1277-BOD-04-27-21 Lift To Rise - United Lift Rental Assistance 2021 - 8 Months \$ 2021-1280-BOD-05-25-21 Desert AIDS Project - DAP Health Expands Access to Healthcare - 1Yr. 100,000 \$ 10,000 10.000 2021-1296-BOD-11-23-21 Coachella Valley Volunteers In Medicine - Improving Access to Healthcare Services - 1 Yr. 154,094 \$ 84,752 69,342 \$ 15,410 82.500 67,500 2021-1289-BOD-12-21-21 Desert Cancer Foundation - Patient Assistance Program - 1 Yr. 150,000 \$ 15.000 \$ 62,433 2022-1301-BOD-01-25-22 UCR Regents - Community Based Interventions to Mitigate Psychological Trauma - 1 Yr. 113,514 \$ 62,433 2022-1302-BOD-01-25-22 Vision To Learn - Palm Springs, Desert Sands, and Coachella Valley School Districts 1 Yr. 50,000 \$ 27,500 \$ \$ 27,500 2022-1303-BOD-01-25-22 CSU San Bernardino Palm Desert Campus Street Medicine Program - 1 Yr. 54,056 \$ 29,731 24.325 5,406 55,553 123,451 \$ 67,898 2022-1306-BOD-02-22-22 Olive Crest Treatment Center - General Support for Mental Health Services - 1 Yr. 12,345 2022-1311-BOD-04-26-22 Desert Arc - Healthcare for Adults with Disabilities Project Employment of Nurses - 1 Yr. 102,741 \$ 56,508 56,508 76,790 \$ 42,235 42,235 2022-1313-BOD-04-26-22 Angel View - Improving Access to Primary and Specialty Care Services for Children With Disabilities 1 Yr. 27.000 2022-1314-BOD-05-24-22 Voices for Children - Court Appointed Special Advocate Program - 1 Yr. 60,000 \$ 60.000 33.000 2022-1325-BOD-06-28-22 Vision Y Compromiso - CVEC Unrestricted Grant Funds - 2 Yrs. 150,000 \$ 150,000 33,750 116,250 50,000 \$ 2022-1327-BOD-06-28-22 Youth Leadership Institute - Youth Voice in Mental Health - 2 Yrs. 50,000 11,250 38,750 El Sol - Expanding Access to Educational Resources for Promotoras - 2 Yrs. 150,000 \$ 150,000 33,750 116,250 2022-1328-BOD-06-28-22 11.250 2022-1331-BOD-06-28-22 Pueblo Unido - Improving Access to Behavioral Health Education and Prevention Services - 2 Yrs. 50.000 \$ 50.000 38.750 2022-0965-BOD-06-28-22 Desert Healthcare Foundation - Behavioral Health Initiative Expansion - 3 Yrs 2,000,000 \$ 2,000,000 2.000.000 \$ 1,839,268 2,566,566 \$ 2,566,566 \$ 727,298 2022-22-15-BOD-06-28-22 Carry over of remaining Fiscal Year 2021/2022 Funds\* 22.500 \$ 2022-1324-BOD-07-26-22 Galilee Center - Our Lady of Guadalupe Shelter - 2 Yr. 100,000 77,500 2022-1332-BOD-07-26-22 Alianza CV - Expanding and Advancing Outreach Through Increasing Capacity Development - 2 Yrs. 100,000 22,500 \$ 77,500 2022-1329-BOD-09-27-22 DPMG - Mobile Medical Unit - 3 Yrs. \$ 500,000 50,000 \$ 450,000 2022-1350-BOD-09-27-22 JFK Memorial Foundation - Behavioral Health Awareness and Education Program - 1 Yr. 57,541 25,893 \$ 31,648 2022-1355-BOD-09-27-22 Joslyn Center - The Joslyn Wellness Center - 1 Yr. 85,000 38,250 \$ 46,750 2022-1361-BOD-09-27-22 DAP Health - DAP Health Monkeypox Virus Response - 1 Yr. \$ 586,727 586,727 2022-1356-BOD-10-25-22 Blood Bank of San Bernardino/Riverside Counties - Coachella Valley Therapeutic Apheresis Program - 1 Yr. 140,000 140,000 \$ 110,000 2022-1358-BOD-10-25-22 Foundation for Palm Springs Unified School District - School-Based Wellness Center Project - 1 yr. 110,000 2022-1362-BOD-10-25-22 Jewish Family Service of the Desert - Mental Health Counseling Services for Underserved - 2 yrs. 160,000 160,000 TOTAL GRANTS 16.670.644 | \$ 10.552.067 | \$ 1.839.269 | \$ 4.239.932 \$ 159.143 \$ 7.992.261 Amts available/remaining for Grant/Programs - FY 2022-23: Amount budgeted 2022-2023 \$ 4,000,000 G/L Balance: 10/31/2022 Amount granted through October 31, 2022: \$ (1,839,269 2131 \$ 4,472,260 2281 \$ 3,520,000 Mini Grants: 1321; 1322; 1323; 1364 (20,000 Financial Audits of Non-Profits; Organizational Assessments Net adj - Grants not used: FY 21-22 Funds 2,566,566 Total \$ 7,992,261 Matching external grant contributions Balance available for Grants/Programs \* Value listed in Total Paid column reflects funds granted from carryover funds. Actual grant payments will be reflected under the respective grant.



#### **DESERT HEALTHCARE** DISTRICT & FOUNDATION

Date: November 15, 2022

To: **Program Committee** 

Subject: Grant Applications and RFP Proposals Submitted and Under Review

#### **Staff Recommendation:** Information only.

**Grant Applications:** The following grant applications have been submitted and under review by the grants team and are pending either proposal conferences and or a site visit or have been approved by the board of directors. Recommendations/suggested decisions will be brought forward to the December Program Committee for possible action:

- 1. #1318 Riverside County Latino Commission on Alcohol and Drug Abuse Services, Inc. \$618,173 over an 18-month period: Healthy Minds, Healthy, Lives - Mente Sanas Visas Sanas. Funds will be used to address Goal 3 of the DHCD Strategic Plan and used for salaries of mental health professionals; promotoras, case managers, legal counsel, program administrator/supervisor.
  - a. Status: Internal DHCD staff continues to work with the applicant on the revisions requested by the Program Committee during the October 2022 meeting. This grant request is scheduled to go before the 12/13/22 Program Committee for review and consideration to award.
- 2. #1356 Blood Bank AKA Lifestream \$140,000 Coachella Valley Therapeutic Apheresis Program. Use of District funds - the creation of their Coachella Valley Therapeutic Apheresis Program. Funding will cover the costs of an Optia machine, TA related equipment, and a customized vehicle dedicated to transport apheresis equipment and staff to Coachella Valley hospitals caring for seriously ill patients.
  - a. Status: the grant was approved by the board of directors at their 10/25/22 meeting
- 3. #1358 Foundation for Palm Springs Unified School District \$110,000 School-Based Wellness Center Project. Use of District funds - will be used to convert an identified space at four (4) elementary schools into "wellness centers" at these schools
  - a. Status: the grant was approved by the board of directors at their 10/25/22
- 4. #1362 Jewish Family Service of the Desert \$160,000 over a two-year period Mental Health Counseling Services for Underserved Coachella Valley Residents – Use of District Funds - support personnel costs, enabling JFS to continue serving those most in need by providing mental health counseling services and case management services – including in Spanish, if preferred or required,

  a. Status: the grant was approved by the board of directors at their 10/25/22

#### meeting

- 5. #1357 Desert Recreation District mini grant \$5,000: Adaptive Program Expansion: Inclusion & Education Use of District mini grant funds: to purchase additional specialized equipment [sound based] to expand adaptive programs to reach more individuals with visual impairments, fund registration fees participants, and fund some of the additional staffing required in programs [to provide additional supports to participants, where needed].
  - a. Status: pending proposal conference and resubmission of mini grant application
- 6. #1316 OneFuture Coachella Valley resubmission of grant application is pending on review of potential revisions by internal DHCD staff for re-review and reconsideration at a future Program Committee meeting
- 7. #1363 Pegasus Riding Academy \$60,092 Pegasus Equine Assisted Therapy Program. Use of District funds: to increase Pegasus' capacity to serve additional individuals in need, specifically program/services; program staffing; and transportation costs
  - a. Status: pending site visit/proposal conference on 11/18 at the Pegasus Therapeutic Riding Center in Palm Desert
- 8. #1365 ABC Recovery Center \$332,561 *Cost of Caring Fund Project*. Use of District funds: to support uncompensated personnel costs, prescription medications, and medical supplies when providing addiction and mental health services to uninsured and underinsured District residents.
  - a. Status: Proposal conference conducted on 11/2. Pending grant application resubmission, this grant request is anticipated to go before the 12/13/22 Program Committee for review and consideration of award.
- 9. #1368 About Families Incorporated mini grant \$5,000; *Fall Family Festival*. Event admission is free to families throughout the Coachella Valley. Use of District funds: to provide 250-300 free wristbands to lower-income and predominately Spanish-speaking households for children to participate in child-focused activities in an effort to increase attendance and awareness of available resources.
  - a. Status: pending staff review on 11/17



Date: November 15, 2022

To: Program Committee - District

**Subject:** Progress and Final Grant Reports 10/1/2022 – 10/31/2022

#### The following progress and final grant reports are included in this staff report:

#### University of California, Riverside #1301

Grant term: 2/1/2022 – 1/31/2023 Original Approved Amount: \$113,514

**Progress** report covering the time period from: 2/1/2022 – 7/31/2022

#### **CSUSB Philanthropic Foundation #1303**

Grant term: 2/1/2022 – 1/31/2023 Original Approved Amount: \$54,056

**Progress** report covering the time period from: 2/1/2022 – 7/31/2022

#### **Olive Crest Treatment Centers #1306**

Grant term: 3/1/2022 – 2/28/2023 Original Approved Amount: \$123,451

**Progress** report covering the time period from: 3/1/2022 – 8/31/2022

University of California, Riverside, Grant#: 1301

Community-Based Interventions to Mitigate Psychological Trauma and Mental Health Disparities in Immigrant Communities in the COVID-19 Pandemic

**Reporting Period:** 2/01/2022 – 7/31/2022

Kimberley Lakes
Tel: (949) 579-0193
klakes@medsch.ucr.edu

#### **Grant Information**

**Grant Amount:** \$113,514

Paid to date: \$51,081

**Balance:** \$62,433

**Due Date:** 9/01/2022

#### **Proposed Goals and Evaluation**

The specific benefits or measurable impact to be achieved by: (1/31/2023):

#### Goal #1:

Goal #1 is to build capacity of community health workers (promotores) and medical students, using community approaches to train them in psychological first aid for immigrants, including the signs and symptoms of common mental health conditions. Dr. Vázquez will hold 2, 90-minute Spanish trainings for 18 attendees, including ~12 UCR medical students and 6 promotores. By the end of the trainings the goal is that a total of six promotores in the ECV and 12 medical students will have the capacity to address the unique mental health needs of Latinx immigrant communities in the ECV. This means that they will have a stronger knowledge of common mental health conditions, that includes anxiety and depression, various traumas unique to Latinx immigrant populations, and community psychology and social justice as a way to intervene on community mental health needs.

#### Goal #2:

Goal #2 is to identify discussion topics for restorative circles. We will identify focused topics for each restorative circle. To identify discussion topics, the promotores will approach community members and ask them to share their thoughts about the most important mental health topics they would like addressed in their communities. Promotores will collect data using a free list activity, which involves a prompt and it is used to obtain shared knowledge about a topic of interest. The topic of interest in this

project is community mental health needs in the COVID-19 pandemic. Promotores will use the following prompt to obtain information: "List all the emotional and psychological health concerns in your community." The promotores will collect free lists from 20 members of each of the three communities (migrant farmworkers, Purépecha, Oasis mobile home residents), for a total of 60 community members. Free lists from each community will be analyzed separately so as to identify the unique needs of each community. All of the responses from community members will be analyzed to identify core themes; those themes will inform the structure, the length of the restorative circles, and the development of material to be shared with the attendees of restorative circles.

#### **Goal #3:**

Goal #3 is to implement and evaluate the effectiveness of restorative circles on addressing community mental health needs. A total of nine restorative circles will be implemented in three communities: migrant farmworkers, the Purépecha, and Oasis mobile home residents. We will hold three restorative circles per community: one will be in person and two held virtually over six months with the implementation of 1-2 circles per month. We expect a total of 15 attendees in each of the nine restorative circles, for a total of 135.

#### Goal #4:

Goal #4 will focus on engaging restorative circle attendees who would like additional follow up and case management. We anticipate that five attendees per restorative circle will request follow up and case management, for a total of 45. For these attendees, we will connect them to the CVFC for individualized mental healthcare services and link them to a student who will meet with them to identify needed resources and services using IE Connect.

#### **Evaluation Plan:**

This project builds on STOP COVID-19 CA to implement restorative circles, which are culturally sensitive community-based group sessions facilitated by mental health professionals and promotores (community health workers). The goal of implementing these circles is to build capacity of trusted members of the community (promotores) to help to address community mental health disparities in diverse communities in the ECV. The project will: 1) Build capacity, using community approaches to train promotores and medical students in psychological first aid for immigrants, 2) Identify discussion topics for restorative circles, and 3) Implement and evaluate restorative circle effectiveness on community mental health.

Drs. Evelyn Vázquez and Ann Cheney, PhD, investigators in the NIH Center for Health Disparities Research, will lead this project with assistance from bilingual UCR graduate and medical students. Dr. Vázquez will be the primary lead. She is a social psychologist with expertise in immigrant mental health and community psychology approaches. Dr. Vázquez holds expertise in the psychological first aid for immigrant communities. She also collaborated with institutions across the state of California to develop, implement, and evaluate restorative circles in underserved and vulnerable communities. Therefore, she holds expertise in immigrant mental health and restorative circles as a method for

collective community healing. Drs. Vázquez and Cheney will draw on their research and evaluation expertise to conduct a mixed-methods evaluation involving quantitative (e.g., pretest and posttest surveys) and qualitative data (focus groups, one-on-one interviews) collection and analysis to evaluate the proposed project. The evaluation will focus on how well restorative circles address diverse Latinx immigrant community mental health needs in the current COVID-19 pandemic.

#### Proposed number of District residents to be served:

**Total:** 213

Proposed geographic area(s) served:

Mecca North Shore Oasis Thermal

#### **Progress This Reporting Period**

#### **Progress Outcomes:**

We are happy to share that your project is moving forward as proposed in our grant proposal. We include the accomplishments and evaluations of our four goals in the following sections.

#### Progress on the number of District residents served:

**Total:** 106

Geographic area(s) served during this reporting period:

Coachella Mecca North Shore Oasis

#### Progress on the Program/Project Goals:

#### Goal #1:

Goal #1 is to build capacity of community health workers (promotores) and medical students, using community approaches to train them in psychological first aid for immigrants, including the signs and symptoms of common mental health conditions.

We hosted two 90-minute Spanish trainings.

A total of 14 students and 6 promotoras attended our trainings. Most attendees reported in our post-test surveys improvements in their knowledge about anxiety, depression, and depression in Latinx communities.

#### Goal #2:

Our team of promotoras collected data about the community mental health needs in the COVID-19 pandemic. These needs informed the topics discussed in our restorative circles as well as the information we shared at the end of our circles.

A total of 40 members of the Eastern Coachella Valley responded to our free lists. Here are some findings from the lists:

#### Group 1: Farm working community:

#### Top three topics

- Alcoholism
- Depression
- Anxiety

#### Group 2: Relocated community

#### Top three topics:

- 1) Alcoholism, anxiety, and infrastructure
- 2) Anxiety and infrastructure
- 3) Depression, alcoholism, discrimination, and substance use

#### Group 3: Purepecha community:

- 1) Alcoholism and Anxiety
- 2) Anxiety
- 3) Depression

We developed a Mental Health compilation that included information about these mental health conditions (see Proyecto Círculos Restaurativos: Información sobre Salud Mental). We have shared this material with participants at the end of every restorative circles. We also printed off 100 copies of this booklet and began to pass them out at the student-led Coachella Valley Free Clinic (CVFC) held monthly in Mecca. This material has been updated according to the themes or topics of interests to each of our patient communities included in this project.

#### **Goal #3:**

During May and June of 2022, we conducted six virtual restorative circles with Latinx communities in the Eastern Coachella Valley. As listed in our grant proposal we engaged three patient groups: relocated families, farmworkers, and members of the Purépecha community (an Indigenous Latin American community from Michoacan, Mexico). A total of 79 members of these communities attended our restorative circles. An average of 12 participants attended each restorative circle.

Attendees across the three communities included in our project shared interested in understanding more about the diverse mental health conditions, such as depressive symptoms, anxiety, post-traumatic stress disorder (PTSD), substance use and addiction among (including prevention), feelings of loneliness, and postpartum depression. They also discussed the need to know how to talk with their children about school shootings, bullying, drug use, and the importance of mental health. As well as prevention strategies they can use to decrease levels of alcoholism, domestic violence, and loneliness.

Our circles created a collective space for grief and healing, addressed health literacy concerns (we shared resources available), fostered trust in the healthcare systems, and increased support and social connectedness.

We will have the last three restorative circles during the month of October. These focus groups will be virtual, and we will have the presence of both of our mental health experts (our team of promotoras suggested this modality). By taking this approach members of the community will have the opportunity to 1) keep sharing their questions or comments about mental health and 2) have more time to have a one-on-one session with a counselor.

#### Goal #4:

We have shared information about the health services available at CVFC and facilitated access to both the therapist leading restorative circles in real time as well as to therapy services at the CVFC. We will keep tracking patient use data during the upcoming months.

#### Program/Project Tracking:

- Is the project/program on track? Yes
- Please describe any specific issues/barriers in meeting the desired outcomes:

One of our biggest issues was to engage members of the Purépecha community for our first restorative circle (during May). For this reason, we recruited another promotora from the Purépecha community. After her inclusion into our study, our new promotora helped us recruiting more members of the Purépecha community in the restorative circles hosted during June.

• What is the course correction if the project/program is not on track?

Our project is on track

 Describe any unexpected successes during this reporting period other than those originally planned:

We noticed that members of the community found beneficial the use of private messages via Zoom to share anonymous questions or comments with our team.

Many of them were fearful about disclosing their stressors, such as domestic violence and substance use. Another unexpected success was the one-on-one interactions with our mental health experts. By holding the restorative circles on Zoom, we were able to use the breakout room function to place participants with the therapist in real time. These meetings were brief and were intended to facilitate access to follow up care.

CSUSB Philanthropic Foundation, Grant#: 1303

**PDC Street Medicine Program** 

**Reporting Period:** 2/1/22 to 7/31/22

Robert Nava Tel: (909) 537-5004 rjnava@csusb.edu

#### **Grant Information**

**Grant Amount: \$54,056** 

**Paid to date:** \$24,325

**Balance:** \$29,731

**Due Date:** 9/1/2022

#### **Proposed Goals and Evaluation**

The specific benefits or measurable impact to be achieved by: (1/31/2023):

**Goal #1**: To provide healthcare services to 100 individuals and 300 contacts (contacts may be duplicated individuals) through nurse and medical clinics serving the homeless, unsheltered and vulnerable populations in the Coachella Valley, additionally assisting with COVID-19 testing, education and immunizations services, and divert people from using the ER for primary care and non-urgent issues by January 31, 2023.

**Goal #2:** To build capacity by engaging and building empathy for vulnerable populations in 32 CSUSB PDC BSN nursing students, one nursing graduate student and four nursing student assistants in the Street Medicine Program activities for course credit or volunteer hours by January 31, 2023.

**Goal #3:** The program will monitor and track Street Medicine progress toward the development of additional collaborative partnerships and efforts to replicate the program reporting the new partner names and MOU agreements of two new partnerships by January 31, 2023.

**Evaluation Plan:** The Program nursing students complete intake/contact forms on the clients before the person is seen by a provider. Data collection will assess, to the extent possible, the number of times the program is able to divert patients from emergency room and hospital visits. The analysis will also include some process evaluation that would track numbers of individuals served, the extent to which participants were referred to other social services, and the reason for the referral. The Program collects

the forms, de-identifies the information so people are not recognized by name, analyzes the data for use by the partners and for possible future publications, presentations, and funding requests. This proposal would support these activities.

#### Proposed number of District residents to be served:

**Total:** 100

Proposed geographic area(s) served:

Cathedral City
Coachella
Desert Hot Springs
Indio
Mecca
Palm Springs
Thermal

#### **Progress This Reporting Period**

#### **Progress Outcomes:**

The Nursing Street Medicine Program (NSMP) achieved tremendous success in the past six months of the grant term through clinics and outreach to the homeless population in the Coachella Valley. NSMP has reached and surpassed the services to 100 individuals and 300 contacts. Instructors and students work with vulnerable people; students engage and develop empathy for the vulnerable individuals they serve through this program. To assess and measure students' empathy toward vulnerable populations, each student takes a survey at the beginning and end of their nursing coursework. NSMP is working on adding a mental health services component in collaboration with Desert Physicians Medical Group.

#### Progress on the number of District residents served:

**Total:** 423

Geographic area(s) served during this reporting period:

Cathedral City
Coachella
Desert Hot Springs
Indio
Mecca
Oasis
Palm Springs

Thermal

#### Progress on the Program/Project Goals:

#### Goal #1:

The Nursing Street Medicine Program (NSMP) goal is to provide healthcare services to 100 individuals and 300 contacts (contacts may be duplicated individuals) through the nurse and medical clinics serving the homeless, unsheltered, and vulnerable populations in the Coachella Valley, additionally assisting with COVID-19 testing, education, and immunizations services, and divert people from using the ER for primary care and non-urgent issues by January 31, 2023. Services provided to date from February 1 to July 31, 2022:

- # Lunches Given: 4112
- # Contacts seen by Nurses: 330
- # Unique individuals seen by nurses: 210
- # Contacts seen by doctors: 18
- # Wound care: 23
- # Care Packages: 1249
- # Of veterans: 26
- # Who uses ER for PCP: 106
- # Referrals: 60
- # Of referrals to residents on site: 18
- # Of referrals to PCP: 18
- # Of referrals to urgent care / ER: 9
- # Of referrals to "other": 16
- # Female clients: 68
- # Male clients: 258
- # Transgender Clients: 2
- # American Indian / Alaskan Native: 11

- # Hispanic / Latino: 127
- # Black / African American: 18
- # Caucasian: 126
- # Native Hawaiian & Pacific Islander: 0
- # Asian: 11
- # Mixed-race: 19
- # Other: 3
- # Declined to State Race: 13
- # Medi-Cal / Medicare: 258
- # Private Insurance: 10
- # Uninsured: 35
- # Don't Know: 11
- # Military / Tricare / VA: 1
- # Age 6-17: 0
- # Age 18-24: 9
- # Age 25-64: 250
- # Age 65+: 65

In addition to the above services, CSUSB nursing students assisted with 950 COVID vaccinations.

#### **Goal #2:**

To build capacity by engaging and building empathy for vulnerable populations in 32 CSUSB PDC BSN nursing students, one nursing graduate student, and four nursing student assistants in the Street Medicine Program activities for course credit or volunteer hours by January 31, 2023.

Evaluation #2: Quantitative

The program will report on the number of BSN nursing students, the credentials of the graduate student and the four nursing student assistants involved, the dates, locations of service, and whether the student is participating for volunteer hours or course credit.

The program will report on the nursing assistants' total hours worked.

#### Qualitative

The program will survey nursing students in their sophomore and senior years and compare the results before and after participating in the Street Medicine Program, utilizing the internationally recognized survey tool: Health Professional's Attitude Toward the Homeless Inventory.

During the reporting period, 30 BSN students, two nursing graduate students, and four student assistants participated in the Nursing Street Medicine Program. The graduate students received course credit. Of the participating BSN students, 19 acquired course credit during February, March, April, and May and served at CVRM, CVVIM, Hope through Housing, Jewish Family Services, the Dumerosa Senior Village, Well in the Desert, and the Under the Bridge program. Twenty BSN students volunteered throughout the reporting period and served every other Friday in the nurse clinics at the Well in the Desert free lunch program at Our Lady of Guadalupe; at CVVIM on Tuesday evenings with the outreach team, and at the Indio Shepherd of the Valley United Methodist Church Under the Bridge, free breakfast program under a Highway 86 overpass in Coachella on the last Saturday of each month. The student assistants worked a total of 800 hours.

The COVID vaccinations were provided in partnership with DRMC and the Desert Physicians Medical Group and with the Palm Springs Unified School District and Oasis Healthcare and were administered in the following locations:

- Well, in the Desert
- Cathedral Palms Hanson House
- Rancho Mirage High School
- Cathedral City High School
- Our Lady of Guadalupe Church
- Palm Springs High School
- Dumerosa Senior Village
- Our Lady of St. Paul Church

Students were surveyed during the reporting period utilizing the internationally recognized survey tool Health Professional's Attitude Toward the Homeless Inventory.

#### Goal #3:

The program will monitor and track Street Medicine's progress toward developing additional collaborative partnerships and efforts to replicate the program by reporting the new partner names and MOU agreements of two new partnerships by January 31, 2023.

Evaluation #3: Quantitative

The Program will present the programmatic work accomplished by the Street Medicine clinics at one national and two regional conferences by January 31, 2023. The program will report on one replication of the Street Medicine program by January 31, 2023. Qualitative: The program will include ten testimonials from patients or agencies about the services provided by the nursing faculty and students. The Program will report on the number of faculty involved in the Program. Testimonials follow here:

"I am over 60 years old, and I am still alive thanks to the street medicine team's help. I have seen people around me die, but somehow I am still here."

"Margaret" is a talented artist and sculptor. She has been seen for 6 years, since the start of street medicine at Volunteers in Medicine. She has mobility problems,

living alone on upper freeway embankments. She is incontinent of urine and stool.

Earlier this year, a car lost control and ran her over while she slept, fracturing her pelvis and both femurs. After over 2 months of rehab, she did not choose housing, but

returned un-housed to the east valley. She had her wheelchair stolen, which a team member replaced. "Margaret" cannot tolerate being closed in/indoors.

"I'm grateful that I have been able to get treatment for my injuries."

"Jose" is a Spanish-speaking male who has been seen a few times recently for wound treatment by the street medicine team after multiple injuries. He also was recognized by

Veronica, a student nurse working with VIM under the grant, because he is also seen Under the Bridge. We have several shared patients between the two programs.

From: Daphne Ramirez <daphne4ramirez@gmail.com>

To: Rosa Lucas <rosa\_sue@yahoo.com>

Sent: Wednesday, August 17, 2022 at 05:10:06 PM PDT

Subject: Statement for Street Medicine

"I've been homeless for at least 10 years. The doctors in medicine, they are some nice folks. Also, one of the doctors did something for me on my behalf and it is starting to come through now. They don't have to do this but they do it. We need more people like this in the world. Period. More people like this. They come out every Tuesday. They do this out here every Tuesday."

- "Bill"

"The Street Medicine team has helped me in my day-to-day life and has made it easier to eat and sleep."

"Doris" is an older woman, un-housed for over 4 years. She lives near the cannabis fields in a small mobile encampment.

"I lived most of my life in Rancho Mirage. Then, a few years ago, I lost my job and my home. Street Medicine is a source that gives me and my homeless friends hope, knowing that someone is watching over us."

"Rudy" and his few buddies live behind a meat market in the east valley.

Students will attend and present at the following:

The 18th Annual International Street Medicine Symposium on September 22-23, where the topic will be "Implementation of Foot Soaks Program for Coachella Valley Homeless People."

Odyssey presentations

a. Building on the Basics: Street Medicine Innovations Anne Lama

Ava Davari, Katrina Estacio, Dana Hernandez, Steven Sanchez

b. Changing the Attitudes of Nursing Students to Un-housed People Diane Vines

Students: Sarah Harrington, Tatiana Spiegler

- c. Spiegler, T. & Kim, Y. (2022, October 14). The effects of a foot soak program on nursing students' attitudes. Podium presentation, Sigma So Cal Odyssey Research Conference 2022, San Diego, CA.
- d. Rodriguez, J. J., Padojino, C. L., & Kim, Y. (2022, October 13). Nursing students' experience with homeless through foot soaks, Poster presentation, Sigma So Cal Odyssey Research Conference 2022, San Diego, CA.

 APNA Poster Presentation: Touching the Soles of Those Most in Need: The Impact of Implementing a Foot Soak Program on Nursing Students' Attitudes

Diane Vines; students: Tatiana Spiegler, Sarah Harrington

The Association of Psychiatric Nurses Association Annual Conference October 20-21, where the topic will be "Touching the Soles of Those Most in Need: The Impact of Implementing a Foot Soak Program on Nursing Students' Attitudes."

The replication of the Program in San Bernardino continued to expand and add partners.

#### Goal #4:

The nursing student assistants continued to work during the reporting period. Their resumes are on file at CSUSB for examination, as requested.

In the nurse clinics, the nursing student assistants worked with clients handling triage and treatments such as vital signs, blood glucose, wound care, referrals, health assessments, medication and chronic disease management, preventive healthcare and education, case management, and vaccinations. They also assisted with data collection, documenting activities, recruiting and orienting student nursing volunteers, and reporting to the medical residents who were seeing clients.

A service added this year is the foot soak program in which students were oriented on foot conditions and their treatment, how to perform soaks, and improve their communication skills. Guests are made comfortable during the soaks, sit higher than the students to promote empowerment, and are given choices in the products used during the soak. Conversations during soaks are free of medical advice and focused on students' active listening and empathetic responses. Students are encouraged to call the guests by their names throughout the conversation and make eye contact, which is often rare for this population.

The PDC student assistants served over 800 hours from February 1, 2022, to July 31, 2022.

#### Program/Project Tracking:

- Is the project/program on track? Yes
- Please describe any specific issues/barriers in meeting the desired outcomes:
  - We are on track to surpass our goals but have learned some important lessons.
  - There is a great need for patient education for medication and chronic disease management.

- It isn't easy to locate appropriate referrals to agencies that will accept these clients, and we had to spend a great deal of time on the phone to get appointments for these clients.
- The need for clothing, shoes, socks, hygiene products, blankets, and sleeping bags is huge, and getting donations of these items is essential.
- It is important to assess for depression, anxiety, and PTSD while providing physical care.
- We refined our process to identify the number of individuals served as well as the total number of patient contacts, this was initiated beginning October 1, 2021.
- What is the course correction if the project/program is not on track? N/A
- Describe any unexpected successes during this reporting period other than those originally planned:

The COVID pandemic was a challenge for the project. The risk management officials of the California State University system were concerned about the exposure of faculty and students to the virus. We were cautious with PPE for faculty, students, and clients. We sanitized everything a client may have touched during the visit. We met outdoors even though the heat, rain, and wind were often problems. To our knowledge, we had no COVID cases among clients and staff.

When the vaccines became available, we used our partner of trust, which we had developed among the homeless, seniors, and farm workers, to address vaccine resistance and get our clients to accept vaccinations. We helped vaccinate 950 people in the vulnerable populations in the Valley.

We started the funding period in October 2020 with partnerships with Well in the Desert, Coachella Valley Volunteers in Medicine, and the Desert Physicians Medical Group. We developed relationships with Coachella Valley Rescue Mission, Hope through Housing, SAC Health Systems, and two non-profit organizations serving San Bernardino.

We are partners in the mobile medical van planned for the West Valley and expect to utilize the van for the Program in cooperation with our partners. We hope to develop a formal affiliation with Martha's Village and Kitchen in Palm Springs and to expand the activities at CVRM by going out with the shower units and possibly the SAC dental van.

Olive Crest, Grant#: 1306

### General Support for Counseling and Mental Health Services to Vulnerable Children and Families in Coachella Valley

**Reporting Period:** 3/1/2022 to 8/31/2022

Tracy Fitzsimmons
Tel: (951) 300-9816
tracy-fitzsimmons@olivecrest.org

#### **Grant Information**

**Grant Amount:** \$123,451

**Paid to date:** \$55,553

**Balance:** \$67,898

**Due Date:** 10/1/2022

#### **Proposed Goals and Evaluation**

The specific benefits or measurable impact to be achieved by: (2/28/2023):

**Goal #1**: By February 28, 2023, 99% (396) of children in Olive Crest's care will be determined as risk-free each month as measured by the number of incident reports filed.

**Goal #2:** By February 28, 2023, 95% (380) of children in our Coachella Valley services will have one or less placement moves while in Olive Crest's care as tracked through case notes and discharge reports.

**Goal #3:** By February 28, 2023 85% (340) of the children will successfully complete Olive Crest's programs being discharged to a permanent placement, or successfully graduating or transitioning to a lower level of care as evidenced by the total number of client case closures and exit reporting.

**Goal #4:** By February 28, 2023 80% (320) of clients will show improvement from intake to closure as measured by the percentage of children with improved CAFAS Scores (Child and Adolescent Functional Assessment Scale). CAFAS measures impairment of functioning in the areas of education, relational skills with peers, and social skills within their environment. It also assesses major risk factors.

**Goal #5:** By February 28, 2023, 80% (320) of clients will show improvement to stable state levels of acuity.

**Evaluation Plan:** Olive Crest's Health Services Director trains the treatment team on collecting all outcome measurements necessary for evaluating all programs. Olive Crest uses a customized, client data base management, and internal tracking systems to generate reports on the number of children and families trained and served. Regular reporting and oversight ensure that project goals are met, or any challenges addressed. In addition, Olive Crest will also use the Child and Adolescent Functional Assessment Score (CAFAS) to track and assess functional improvement for each child/teen enrolled in these programs.

#### Proposed number of District residents to be served:

**Total:** 400

#### Proposed geographic area(s) served:

Cathedral City
Coachella
Desert Hot Springs
Indio
Mecca
North Shore
Thermal
Thousand Palms
Bermuda Dunes

### **Progress This Reporting Period**

#### **Progress Outcomes:**

Overall, Olive Crest has provided counseling and mental health services for 169 children during this progress report period. At the same time, we have been able to support these families through additional resources and referrals.

#### Progress on the number of District residents served:

**Total:** 169

#### Geographic area(s) served during this reporting period:

Cathedral City
Coachella
Desert Hot Springs
Indio
La Quinta
Mecca
Palm Desert
Palm Springs
Thermal
Thousand Palms

#### Progress on the Program/Project Goals:

#### Goal #1:

Goal #1 – By February 28, 2023, 99% (396) of children in Olive Crest's care will be determined as risk-free each month as measured by the number of incident reports filed.

Outcome: For the grant period, 100% (169) of children in Olive Crest's care are risk-free each month.

#### Goal #2:

Goal #2 – By February 28, 2023, 95% (380) of children in our Coachella Valley services will have one or fewer placement moves while in Olive Crest's care as tracked through case notes and discharge reports. By comparison, the national average for placement stability is 74.5%.

Outcome: For the grant period, 100% (169) of children experienced one or fewer placement moves while in Olive Crest's care.

#### **Goal #3:**

Goal #3 – By February 28, 2023, 85% (340) of the children will successfully complete Olive Crest's programs by being discharged to permanent placement or successfully graduating or transitioning to a lower level of care, as evidenced by the total number of client case closures and exit reporting. By comparison, the national average for permanency is 72.75%.

Outcome: For the grant period, 89% (150) of children successfully completed Olive Crest's programs or graduated or transitioned to a lower level of care.

#### Goal #4:

Goal #4 – By February 28, 2023 – 80% (320) of clients will show improvement from intake to closure as measured by the percentage of children with improved CAFAS scores (Child and Adolescent Functional Assessment Scale).

Outcome: For the grant period, 89% (150) of clients improved their CAFAS scores.

#### Goal #5:

Goal #5 – By February 28, 2023 – 80% (320) of clients will show improvement to stable state levels of acuity.

Outcome: For the grant period, 86% (145) of clients showed improvement to stable state acuity levels.

#### Program/Project Tracking:

- Is the project/program on track? Yes
- Please describe any specific issues/barriers in meeting the desired outcomes:

The #1 challenge for service delivery is the recruitment and retention of qualified & bi-lingual clinicians. This continues to be a challenge for all of the Coachella Valley and limits our ability to meet the complete needs of the community (even though we continue to serve more children than ever before).

What is the course correction if the project/program is not on track?

Olive Crest is working to address the gap in qualified, local clinicians through an expanding relationship with Cal Baptist University. This fall, we are hosting CBU instructors for in-person classes at our Palm Desert office for ALL residents who wish to earn their Masters in Social Work.

We hope this partnership can expand into other degrees and cohorts to establish a pipeline for Olive Crest AND other agencies to find top-level employees to address the growing need for counseling and mental health services.

 Describe any unexpected successes during this reporting period other than those originally planned:

We have been pleased with the response to our new Counseling Center operations, and the current staff is operating at full capacity.

Through the clinic, we have also been able to provide referrals for additional services to help the children and families in our care.