

A Unique Approach to Helping the Whole Person

If you have met a survivor of a stroke or traumatic brain injury, you know the devastation that these tragedies can cause – to both the survivor and their families.

The Neuro Vitality Center uses a multidisciplinary team approach to help survivors of stroke, traumatic brain injury, and other nervous system disorders like Multiple Sclerosis and Parkinson's Disease. The Center combines physical and mental health services with family education and support to help patients reclaim segments of their lives and reduce caregiver stress – one day at a time.

Specialists on staff provide a range of services to help patients manage their chronic conditions, from speech therapy, to exercise therapy, recreational therapy, occupational therapy, and nutritional counseling and meals. A cadre of volunteers also work together with staff, patients and their families to support cognitive healing, physical health and emotional and social development - the whole person!

The ultimate goal is for patients to regain control over their health, bringing about improvements in strength, flexibility, mobility, and communications to better cope with their chronic condition and improve their quality of life.

Current Grant Project

In July 2016, Desert Healthcare District approved a one-year grant to the Neuro Vitality Center, awarding \$261,340 to support core program operations and ensure that exercise therapy, speech therapy, recreational therapy and nutritional services are easily accessible to District residents. For more information: www.neurovitalitycenter.org

